Don’t you love it when a plan comes together? A plan as simple as organising a day out with your family or cooking a great meal or more significantly, organising a special surprise birthday party or escaping to your favourite holiday getaway can make your day and put you on top of the world, so long as, all goes well. Why the proviso? English poet, Robert Burns once wrote: “The best laid schemes of mice and men often go awry…”

Yes, sometimes our best laid plans can come unstuck and in spite of our best efforts, all does not go well. Making the best of a bad situation is often all that’s left for us to do, because the situation is, what it is. I recently came across some funny statements made on actual insurance claims that give some indication of how bad a day can go in the blink of an eye (apparently). In the drivers own words:

“Coming home I drove into the wrong house and collided with a tree I don’t have.”

“I had been shopping for plants all day and was on my way home. As reached an intersection, a hedge sprang up, obscuring my vision and did not see the other car.”

“As I approached the intersection a sign suddenly appeared in a place where no sign had ever appeared before, making me unable to avoid the accident.”

And my favourite:

“In my attempt to kill a fly, I drove into a telephone pole.”

I am a self confessed optimist and always try to look on the bright side of life. I have discovered though, that I am not the only one who thin this way. Hard to believe that in this day and age of instant bad news 24/7 and despite the barrage of bad news, it appears that most of us believe that things will turn out okay. While the world around us might be disintegrating, our personal view of our own life is still amazingly
Dates To Remember

Years 6/7 Canberra Trip
Information Evening
7th June

Prep-Year 3
Cross Country
8th June

Year 12
Formal
10th June

Last day of term
Thursday 16th June

Years 4 - 12 Athletics
Carnival

Age Champions

Optimistic. Rather ironic don’t you think or maybe not. Maybe we are just far more complacent about our own personal circumstances than those of people around us.

I was heartened to read in a recent article by Tali Sharot in the June 6, Time magazine, called ‘The Optimism Bias’, that most of us are optimists. It turns out that we are hardwired to be this way because of the evolution of our brain over time. Recent research shows that we expect things to turn out better than they wind up being and we seriously underestimate the chances of bad things happening to us, while we tend to overestimate good things happening to us and our family.

The fact that we believe the future will be much better than the present is called the ‘optimism bias’ according to Sharot and transcends all races, religion, socioeconomic status and cultures. This optimism bias actually protects us and inspires us and gives us hope. This faith help motivate us to achieve our goals. No wonder our vision of our future is rosier than the reality of the situation. Take for example our perceptic of our own driving ability. Did you know that 93 percent of people surveyed believed that they were in the top 50th percentile for driving ability? Perhaps not so surprising given some of the statements made on the insurance claims up above.

Scientific evidence shows that where people are more optimistic, their chances of recovery from serious illness are more positive that those people who are pessimistic. According to Sharot, a study conducted with heart-disease patients showed that optimistic patients were more likely to take vitamins, eat low-fat diets and exercise and were more likely to reduce their overall coronary risks. A study of cancer patients revealed also, that pessimistic patients were more likely to die within eight months than optimistic patients of a similar age, status and health conditions. These studies beg the question,” Can optimism change reality?” Well according to another study conducted with students, it seems we can effect change in our reality.

Cognitive neuroscientist, Sara Bengtsson found that students’ brains responded differently to the mistakes they made depending on whether they were primed with certain words. She found that when she induce certain expectations with college students by using words such as ‘smart’, ‘intelligent’ and ‘clever’ just before asking them to perform a test, that these students performed better than those students who heard words like ‘stupid’, and ‘ignorant’ before their test. Not surprisingly then, students performed better after hearing an affirmative message and she found that the brain activity was greater after a word like clever was used because the student was primed to perform well. When the word stupid was used, the brain expected to perform poorly and did not show signs of surprise or conflict when it made an error.

Interestingly, the research shows that optimists work longer hours an tend to earn more. What are the implications of all of this information? Well as Sharot argues, the good news is that awareness of our optimism rarely shatters the illusion. I guess we are just better prepared for any eventuality. The glass remains half full, because we still believe that we will remain healthy, yet most of us take out health insurance and while for some of us the sun is always shining, we still take an umbrella with us, just in case.

The release of the Queensland Schools’ Year 12 results in the Courier Mail this week reveals that the Year 12 students of 2010 at Caloundra City Private School performed very well against all schools in Queensland and against other private and state schools on the Sunshine Coast. Yes we were optimistic about our students’ performances, but we worked very hard also with our students to ensure that they had every chance of achieving well. The students worked to the best of their ability too and achieved pleasing outcome.

CCPS Year 12 students received OP results which were reflective of their ability and in comparing the results in a number of categories with other schools, our Year 12 students performed very favourably. It was very satisfying to see that 90 percent of our students in Year 12 received a QTAC tertiary offer, 82 percent received an OP 1-15, 82
percent of our students received a VET Certificate II, III or IV and 101 percent of our students received a Queensland Certificate of Education (QCE).

These results are reflective of the students’ application and study, the excellent academic program, the quality of teaching and learning and the care the teachers in the Senior School take to ensure that students are working to their full potential. The preparation of our students by the Head of the Senior School, Mrs Stuart and other specialist teachers ensures that our students are well prepared for the Queensland Core Skills Tests and for their academic assessment. Congratulations to our Senior Teachers who have an excellent academic plan and inspire and encourage our students to be the best that they can.

All plans need revision from time to time – including master plans. It was very exciting to hear last week, that Caloundra City Private School will receive some state government funding to construct a Kindergarten in preparation for 2012. While this was not part of the current master plan, the provision of a term time, 24-place kindergarten, which will facilitate up to 48 students will be a great benefit to the growth of the School. Initial plans are now in train and once details are finalised, a design will be displayed in the Dame Elisabeth Murdoch Library for parent viewing.

As a result of feedback from parents and recommendations by the Parent Strategic Consultative Group meeting, work has commenced on our website to refresh and further enhance its appearance and functionality. This project will take a little time to effect completely as the group will be meeting again this afternoon to look at some options: I encourage all parents with specific feedback or comments about the website to please forward these directly to me or to admin@ccs.qld.edu.au and thank you in advance for your input.

As a school community we have a great deal to celebrate and be proud of in our School. I thank and congratulate all parents who come along to classrooms, support the school discos and social events like the fabulous ‘mens’ night’ at the Go Kart Track, support the sports program, like soccer and netball and our fantastic upcoming Musical - the Wizard of Oz. Your contribution is greatly appreciated and valued by the School. Thank you.

As fellow optimists in the journey of life I encourage you to do what you can to make this School everything that we dream of and believe in, because our students ultimately are the ones who will benefit most. Life’s not perfect but as Nicholas Butler points out:

“Optimism is essential to achievement and it is also the foundation of courage and true progress.”

Karon Graham
Principal

Principals Acknowledgements:
Congratulations to Angela Meyer’s piano students for these excellent exam results: Nicholas Reynolds who achieved A+ (honours with High Distinction) for his 4th grade classical exam, and congratulations to Nava Macdonald who also achieved A+ (honours with High Distinction) in his 3rd grade classical exam last week!! Well done!

Congratulations to Ford House on their win in the CCPS Athletics Carnival held at the University of Sunshine Coast Athletics Track. All students are to be congratulated on their participation and House Spirit. Thank you to Mr Villis for his excellent organisation of the day and to all staff and all parents who assisted throughout the day.

Congratulations to our Junior School students who competed in the SCISSA Athletics Carnival today. There were some outstanding individual performances and tremendous School Spirit. Special thanks to all a parents who assisted yesterday and on the day with the School providing lunches to the staff and students of the other schools. Spec thanks also to Margaret Adams for her work on the lunches for staff.
Board Shorts

News from the CCPS Board.

From time to time, Independent Schools Queensland runs workshops for Board members as well as for the school staff. Board Director Di Fingleton and Karon Graham attended an excellent full day program last Saturday on governance, demographic and enrolment trends, financial matters and strategic planning. The program included top level executives, David Roberston, Executive Director, ISQ, Duncan Price for Organisational Boundaries, Stephen Scott, Managing Director of Laurus Enterprises and Dr Deidre Thian from ISQ.

These sessions are very valuable because they inform the Board and School’s executive on long term strategic trends and puts us in touch with a great network of experts outside our own community. Many thanks to Di for getting involved in this workshop and for her feedback to the Board particularly in the area of governance. Di is currently working on a Board Governance Handbook which will be of great value to all existing Board Members and new Board Members who are appointed.

Until next time,

Roy Henzell
Board Chair

Senior School News

by Gerard Maguire, Dean of Students

Athletics Carnival

Recently we saw the students from Year 4 to Year 12 involved in a very successful Athletics Carnival held at the Sunshine Coast University. The was an extremely proud team spirit exhibited on the day with the older students guiding and encouraging the younger students in everything from the warm-up to the relays. There were also some amazing performances students who have been training for months who achieved outstanding results and students who were not 100% well who competed anyway in order to support their House. I would like to congratulate all participant and thank especially those staff, parents, students and friends who gave generously of their time to assist us in the running of such a major event.

Examination Block

The Senior school exams have just concluded for this Semester and all students who applied themselves to the task at hand are to be applauded.
for their efforts and we wish everyone all the best in their future studies.

Senior Formal
One of the highlights of the School’s social calendar takes place with the Senior Formal to be conducted at the Rumba Resort on Friday 10th June. Students have been busily preparing for the event organising outfits, transport and one thousand and one other things in anticipation of this gala event. We wish all of the students and their parents, good luck for grand occasion.

Junior School News

by Catherine Green, Head of Junior School.

Kindergarten News
Parents may have already heard that we will be opening a kindergarten 2012. This will be a term time/ part time program and the kindergarten be located in the grounds of our school. It is anticipated that, weather permitting, it will be ready for the commencement of the 2012 school year. Children who turn four by 30 June 2012 will be eligible for enrolment in kindergarten program.

To register your interest in a placement at our kindergarten, please email Teena Barbeler at tbarbeler@ccs.qld.edu.au.

ENT visit
This week our staff in the Junior School were fortunate to attend a session provided by a Paediatric ENT, Dr David McIntosh. Dr McIntosh is most passionate about early intervention and assisting children who may have underlying conditions which are not diagnosed. The following list of ENT problems may be a sign of more serious problems:

- Hearing loss
- Multiple ear infections
- Poor speech development
- Mouth breathing
- Noisy breathing
- Snoring at night
- Blocked nose, especially on one side
- Multiple blood noses, especially on one side
- Neck lumps

Dr McIntosh spent a considerable amount of time discussing ear infections, hearing difficulties and auditory processing difficulties as well as the issue of snoring which is known to be a potentially serious medical condition.

Children who snore are more likely to suffer from the following:

- Difficulties with concentrating
- Poor school performance
- Hyper-activity
- Daytime tiredness
- ADHD (Attention deficit hyper-activity disorder)
- Sleep apnoea (where the child actually stops breathing)
- Mouth breathing
- Behavioural problems
- Bed wetting

Teachers are most aware that the diagnosis of medical conditions need to be left to medical professionals; however, there are often times when teachers notice symptoms which they have seen before and parents may not have connected that there could be an underlying problem. If parents are concerned about some of the identified characteristics, please talk to your GP with a view to a referral.
Under 8’s Week
The children in Prep to 3 enjoyed a wonderful afternoon of creative and physical fun as part of our celebration for Under 8’s week. Whilst face painting, jewellery making and paper planes were very popular there were also lots of children making creative hand puppets, bubble blowing, dancing, painting and enjoying games and the obstacle course. A great time was had by all and it was lovely to be able to celebrate the joys of early childhood with staff and parents.

Soccer Club
The children have been enjoying a successful season of soccer with another round of home games being played last weekend. Many thanks to all coaches, managers and members of the Ospreys Executive for your tireless efforts with soccer for CCPS. The children benefit greatly from your hard work and enthusiasm. The provision of the barbeque at the athletics last week was greatly appreciated, so thank you to all involved.

Independent District Athletics
Today our Primary students who placed at the athletics carnival last week have represented CCPS at the Independent Schools’ District Athletics. Students are to be congratulated on their sportsmanship and in giving their personal best. Thank you to Mr Villis for his hard work in preparing the students for the carnival and in ensuring that everything ran smoothly on the day. The P and F provided a canteen for the Independent Schools Athletics, so a huge thank you to all of our parents who supported this venture and worked so hard on the day.

Voices on the Coast
Next Tuesday our Year 6 and Year 7 students will travel to the University of the Sunshine Coast for Voices on the Coast. This is a children’s literature festival organised for students of the Sunshine Coast and promises to be an enriching experience for our students. During the day they will attend workshops and sessions with published authors and will learn more about the craft of writing and what makes a piece of creative writing successful.

SRC Crazy Hair Day
Our Junior School Student Representative Council are holding a Crazy Hair Day on Thursday 9 June. Students are asked to come to school in their school uniform but with crazy hair. Each child is asked to make a gold coin donation and the funds raised will go towards the Give Me 5 for Kids campaign. This event is an annual fundraiser for the Nambour Children’s Hospital which the SRC have elected to support this term.

Prep – Year 3 Cross Country
The Prep to Year 3 Cross Country will be held on Wednesday 8 June at 1:40pm. Prep children will race first, followed by Year 1, Year 2 and Year 3 students. The emphasis of this afternoon is on fun and fitness, and all children participating and trying their best. Parents and friends are encouraged to come along and support their children.

Library and I.T. News
The CCPS website is regularly being updated with latest news, gallery photos of events and classroom activities. www.ccps.qld.edu.au

Scholastic Bookclub orders are due back this Friday. Please give any
orders with correct money or credit card receipt number to either your
child’s teacher, administration office or the library. It would be appreci-
if we received no late orders please. Thank you for supporting our schol-
library by purchasing books for your children through Bookclub.

**End of term overdue books** as it is nearing closer to the end of term
overdue notices will be going out to students who need to return or ren-
their books. Students are permitted to borrow book for the holidays.

**Quote of the week:** *Tell me and I forget. Teach me and I remember. In-
volve me and I learn.* - Benjamin Franklin.

**CCPS Sport News**

**Years 4 - 12 Athletics Carnival**

Congratulations to all students who competed so proudly in the 2011 Athletics Carnival last Friday. It was a fine day filled with sunshine and
many, many highlights. Well done to all our individual age champions
who competed so valiantly all day for both themselves and their houses. It
was a huge day for some of our students packed full of events and all stu-
dents should be proud of their participation and performances.

A big thankyou to all staff and parents who helped to make this year’s
carnival such a great success. Finally, congratulations to **FORD** for a
fantastic effort in taking out the Interhouse Athletics Trophy for 2011.

**Age Champions**

- **9 Girls** - Sara Loughman
- **9 Boys** - Jackson Hood
- **10 Girls** - Chloe Southern
- **10 Boys** - Ethan Tuttty
- **11 Girls** - Tayla Plezhun
- **11 Boys** - Ashley Loughnan
- **12 Girls** - Jessica Dreyer
- **12 Boys** - Zac Lenkeith
- **13 Girls** - Tayla Hovi- Robinson
- **13 Boys** - Daniel Reynolds
- **14 Girls** - Abbey Reniers
- **14 Boys** - Sam Walker
- **15 Girls** - Ashleigh Young
- **15 Boys** - Andrew Liley
- **16 Girls** - Alison Rava
- **16 Boys** - Woody Hill
- **Open Girls** - Deanna Bayliss
- **Open Boys** - Keagan Hoskin

**SOCCER RESULTS**

**Under 6**

CCPS 5 V Caloundra Black 5. Congratulations to goal scorers: **Bailey
Brandtman 4 & Fletcher Winnett 1. Player of the Match: Callum
Foley** : Encouragement Award: **Bradley Louis**

**Under 7**

The **U7 Maroons** played the Sun Leopard Sharks and came away with
Nil win. A minute into the game, **Charlie Whiting** put the first points o
the board against the undefeated Leopard Sharks. Play moved to the ol
end of the field where **Charlie Tramacchi**, assisted by fullbacks **Alex
Roper** and **Ryan Brodie** worked hard to defend our goal against the
constant attacking play of the Sharks. **Sam Boulton** worked tirelessly in
midfield and was rewarded with his first goal of the season. Half time si
a change in goalie, and **Jordan Doughty** took over and maintained the
Maroons record of keeping their opposition scoreless. **Hamish Carmie**
sealed the match with three goals in quick succession. Great support pl
was received by **Lachie Noyes, Joshua Barlow, Kane Butcher & Ty
Johnson**. Congratulations to **Sam Boulton** on receiving this week’s
encouragement award. Good luck to the Maroons this week at home to
Stella Spiders.

**U7 Blue** (1) v Sun Bull Sharks (3). Again our team displayed excellent
team work and were able to keep the other team from scoring numero
gs. Well done to **Max Kurz** (1) who scored this week’s goal.

Congratulations to **Lily Chaffey** who received the Encouragement Awa
this week.
Under 8
CCPS 2 v Buderim Sharks 6. Congratulations to goal scorers: Connor Dines; Player of the Match: Emery Butler; Encouragement Award: Yousef Abdelhameed.

Under 10
U/10 Ospreys lost 9-4 to Noosa Gold. Congratulations to Goal scorers: Hunter Kurz, Tyrone Honeysett, Matthew Williams, Harry Bailey; and Encouragement Award winner, Harry Bailey.

Parents & Friends Association Meetings
Next meeting Monday 13th June at 6.30pm in the library. All welcome.

Email: pandf@ccs.qld.edu.au
Year 6 Brainy News

During Science this week, Year 6ND conducted a lamb's brain dissection in the science lab to investigate what different parts of a brain look like in real life. Our budding scientists enjoy probing and dissecting the brains with their scalpels and probes. Although a few students were worried at first, everyone enjoyed themselves and learnt more about the power of the brain. Students have been using the iPad app on the brain to investigate detailed information about the brain. Very brainy, Year 6!

Music and technology

In Music lessons, the Years 1, 2 and 4 students have been learning how to compose and read Music on the treble clef stave. As part of their recent lessons, students composed using the Interactive Whiteboard and then played the written music using xylophones and an interactive keyboard on the laptops. A number of iPads were then utilised for students to select, play and listen to, classical music from a variety of famous composers.

Group photos available for viewing and purchase

Photos of the following groups are available to view at Reception.
* School Captains
* House Captains
* Junior School Leaders
* School Choir

Orders must be placed by end of term. Photos are $18.00 (8 x 10inch)
Payment envelopes can be collected from Reception.
Payment can be made by credit card.

Senior School Leaders' News

Exams are over for our Years 10, 11 and 12 students with our exam block concluding on Wednesday and although we still have some assessment to complete this term, all students are to be congratulated on their efforts in their academic studies!

Last Friday saw our annual Interhouse Athletics Carnival at the Sunshine Coast University. It was a fantastic event, and something which amazed us was the 'whole school warm up'. That was something you don't realise the meaning of, until after the event and it exemplifies what students at Caloundra City Private School are all about, with their teamwork and cooperation on show to all. All students are to be commended on their participation and staff and parents are to be thanked for their fantastic support throughout the day. Mr Villis organised yet another fantastic day! Overall Ford House won the competition but with Mclean coming second followed by Munns and Henzelli. The race for the John Newcombe Overall House Trophy is still well and truly on. Congratulations to everyone on a fine day.

Today seven Year 12 students (Rhiannon, Olivia, Kelsie, Jake, Michael, Keagan and Alex) attended the Junior Independent Athletics Carnival to assist in time keeping, recording and assisting with the canteen. Students from Years 4-7 further showcased their excellence in trying their hardest in all events and we look forward to the Senior Independent Schools Carnival next term.

The next couple of weeks there are many anticipated events happening, with our Year 12 Formal next Friday and the Scottish exchange students arriving next Sunday with holidays at the front of most minds in just two weeks!
How to Contribute: email copy and images to admin@ccs.qld.edu.au by Tuesday 3pm
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