Celebrating the CCPS Sports Program

I am aware that our co-ordinator of Sport, Mrs Murphy, wrote to parents in November with a list of all of the CCPS Osprey sports teams and co-curricular activities available for our students. These included Cross-country Running, Swimming, Tennis, Golf, Basketball, Athletics, Water Polo, Netball, Oztag, Gymnastics, Volleyball, Touch Football, Futsal, Rugby Union, Debating, Chess, Drama/Musical, Music, Outdoor Education, Community Service, and Cricket.

Aligned with this extensive set of activities, a study of schools’ co-curricular programs and students’ involvements that complemented their academic results was conducted in south-eastern Queensland Independent Schools. In that survey group of 431 students, females averaged 1,043 hours and males averaged 1,142 hours of co-curricular involvement during five years in school Years 8 to 12. The OP means for the survey group were 9.2 for females and 8.8 for males. Male and female OP 1 students also were engaged in sixteen percent more co-curricular time involvement than OP 2 and 3 students.

Thirteen male OP 1 students experienced on average thirty three percent more co-curricular activity than the forty eight OP 2, 3 and 4 males. It is important to consider that students in the highest performing academic band OP 1 averaged 1,198 co-curricular hours per student during their final five years of schooling. This was an average of six hours and twenty minutes of co-curricular involvement each school week. Importantly for males and females a lengthy amount of co-curricular time involvement did not preclude these students from achieving academically in the top two percent of their state cohort.

These student academic and co-curricular performances occurred in a survey sample that achieved well above the state mean OP of 12.6 and in their academic performance OP percentages. It appears that co-curricular involvement did assist these high performing students. However, males who engaged in the highest amounts of time commitments in school organised co-curricular activities achieved on average the lowest academic (OP) performances as OP 25 achieving students. Low academically
achieving males in the OP band 16 to 25 can also be the most disengaged students with very little co-curricular involvement.

The research identifies for parents, schools and students how the participation in co-curricular pursuits in schools affect their academic performance. Female high academic achievers appear to closely manage their co-curricular activities with the assumption that their time is precious for their academic work. Female low academic achievers are the least engaged in their schools' co-curricular activities. Male high achieving OP 1 students are extraordinarily engaged and male low academic performers are at the extremes of time commitments with either extreme or minimal engagement in co-curricular activities in school.

There is a significant correlation with improved academic performance and longer hours of time involvement in co-curricular activities. Females also achieve better academic performance when experiencing longer hours in Athletics, Cross-country Running, Tennis and Outdoor Education.

Girls need to be better encouraged and to have better access to participate in the health benefits of team sports learning opportunities. Boys need to be closely monitored by schools to ensure they do not academically underachieve having neglected or rejected academic learning goals in favour of team sports rewards that are highly valued by peers. Co-curricularly disengaged males and females need to be encouraged by schools to participate in diverse co-curricular learning activities that provide opportunities for them to succeed in multiple ways. This should allow them to raise their social status and encourage further engagement with their school's academic programmes. Males and females should be further encouraged to participate in community service and creative arts experiences as these are the domains of the highest achieving scholars. For males and females learning in Debating, Music, Drama, Community Service (and Chess) provides profound skills development experiences.

Males' involvements in the non-team based sports events of Cross-country Running, Swimming and Athletics should be encouraged to promote the disciplines required in high achieving academic male scholars. Top male scholars should be encouraged to continue to participate extensively in co-curricular learning activities; and top female scholars should be offered increasingly diverse opportunities and encouragement to learn from school co-curricular experiences.

The key Findings for schools' co-curricular programs are:

1. Individual students’ time involvement in co-curricular activities must be closely monitored to ensure academic performance remains a strong goal for those individual boys with particular emphasis for the ten percent of males who are the academically low achievers.

2. School community understanding and awareness can be raised for the need to monitor the co-curricular activities of individual students against their realistic academic goals.

3. School support for specific co-curricular activities will tend to encourage academic performance.

4. Debating, Music, Cross-country Running, Swimming, Community Service, Chess, Drama, and Gymnastics for females are activities that should include students who are above the academic performance means for their school.

These activities can be further encouraged for increased student involvement. Lower academically performing female students should be encouraged to participate in more school co-curricular activities.
Principal’s Acknowledgements:

Congratulations to Henzell House who won the Cross Country trophy on Tuesday. Congratulations also to the following Age Champions -

2004
Hamish Carmichael
Natasha Schoiler-Linck

2003
Hugh Williams
Jordan Neale

2002
Jackson Hood
Kayleigh Brighton

2001
Niclas Dreyer
Alycia Wilson

2000
Chris Anderson
Perri Bright

1999
Jack Williams
Victoria Davies

1998
Daniel Reynolds
Jessica Hoskin

1997
Lachlan Kenny
Alyssa Cherry

Open
Justin Faa
Bino Hasegawa

All students should be very proud of the effort they put in on the day. Well done!

TRANSITION PROGRAM PHILOSOPHY

Research indicates that, for many students, the jump from the constant environment of a primary school classroom to the much more dynamic environment of secondary schooling is daunting and can lead to an alienation from school in the early secondary years. The fundamental principle behind our Transition Program is that those changes should come from a series of small steps rather than from one massive jump.

Consequently elements such as the number of Teachers involved with a...
class, the need to move around the campus, the change to the classroom cohort, all change in gradual phases from Year 6 (Junior School) to Year 7. The staging covers both curriculum and pastoral care. The students are gradually introduced to the different elements of the secondary school. This happens both in the curricular and extracurricular activities of the School. The program aims to develop a positive, secure and supportive environment in which the students are given opportunities to accept responsibility for their own learning and behaviour and to feel happy and secure both in the playground and classroom.

At CCPS we continually strive to make improvements to existing programs. This year we are excited to build upon our existing Transition Program. The program will commence in Week 5 with an introduction to one aspect of Senior Schooling. During this time, Senior School Teachers will present specialist subject lessons to the Year 6 class. This will give the students valuable insight to the variety of subjects offered.

Furthermore, it is planned that a senior Head of House accompany Mr Maguire and the Year Six class to Canberra which will provide the Year 6 students with a point of contact in the Senior School. Additionally, effective from Term 4 the following procedures will occur:

- Attendance at Senior Assembly on Monday mornings.
- Attendance at House meetings on Wednesday and Thursday mornings.
- Year 6 students are encouraged to participate in all Senior lunch time House activities and competitions.
- ICT with Mr Pederson will be timetabled in the ICT room not the Year 6 room.
- Mr Maguire will evolve the structure of homework to be more reflective of the homework structure and expectations in the Senior School.
- In the last week of Term 4 Year 6 students, will be allocated a buddy. Students are required to stay with their buddy until lunch time and attend all the buddies’ classes.
- Year 6 will be invited to attend the last Senior School Activities Day at Kings Beach

Junior School News

by Mrs Gabrielle Frisby, Head of Junior School

Cross Country
Congratulation to our Years 4 to 6 students for their efforts at the Cross
Country on Tuesday. Many of these children have committed to the
training sessions this year and improved their finishing position. Thank
you to Miss Sneesby for coordinating and inspiring the students during the
weekly morning training sessions. SCISSA Cross Country will be held on
Friday the 10th May and a number of our students will go on to compete
in this event. Many thanks to Mrs Murphy for her organisation of the day.

Junior School Assembly
Thank you to Mrs Butler and the Year 3 students for their very
entertaining performance on assembly yesterday. I would also like to
congratulate all the students who received Merit Certificates. The next
Junior School Assembly will take place on Wednesday the 15th May at
2.30pm. The Year 2 students will be performing and Merit Certificates will
be awarded to selected students from each class. All parents,
grandparents and friends are encouraged to join the students from the
Junior School at this assembly.

Mother’s Day Assembly and Morning Tea
Next week, Tuesday 7th May, there will be a special Mother’s Day
Assembly followed by morning tea in the library. The students are very
excited about showing their appreciation to all the wonderful mothers and
celebrating all the marvellous things they do for each of us. All parents are
welcome to attend.

Mother’s Day Stall
Many thanks to the wonderful P & F ladies for coordinating the Mother’s
Day stall. On Thursday the 9th of May, the children will have the
opportunity to visit this stall at the library and purchase gifts for their
mothers. Gifts are priced from $2 to $7 and include Coffee Mugs, Travel
Mugs, Stationery Items, Key Rings & Bath products to name a few. I
would like to take this opportunity to wish all our great mums a “Happy
Mothers’ Day” for Sunday the 12th May.

Lunchtime Play
There are a variety of options available to the children at lunch times.
Each class has a variety of sports equipment, which can be borrowed each
day and this is a popular lunchtime activity. The children also have the
playground and the multi purpose court available as well as the facilities in
the library. Each day the library is a buzz with children utilising the
reading books and playing chess or the variety of games on offer. In
addition to this, Year 1 and Year 2 students will now have the opportunity
to access the Prep play area at lunchtime on Tuesdays (Year 1) and
Wednesdays (Year 2). The SRC in conjunction with the Year 10 students
are also busy organising a lunchtime soccer competition for the Junior
School students. More details regarding this competition will be included in
the newsletter when they become available.

Under 8’s Day – Change of Date
Under 8’s Day celebrations will now take place on Wednesday the 5th of
June due to the availability of representatives from the Queensland Ballet
who we have invited to the school to conduct Creative Movement
Workshops with the children. This year the Early Childhood Association of
Australia has chosen the theme of “Celebrating Community - Sharing
Music, Movement and Culture. Think Locally”. The theme provides an
opportunity for children to learn through hands-on experiences to
reinforce their competency in expressing themselves and connecting to
their world. The Queensland Ballet’s Creative Movement Workshops
introduce students to the elements of dance, as identified in the Essential
Learnings in the Queensland Syllabus, through engaging the children’s
creativity, imagination and play. The Creative Movement Workshops
enable students to learn about dance by going on an adventure wherever
their imagination can take them.
**Singing and Dancing Opportunities in 2013**
The Australian Youth Choir and the Australian Youth Dance Theatre provide opportunities to develop performing arts skills under expert guidance. Students make new friends, perform in exciting concerts and develop their confidence. Visit www.niypaa.com.au or call them on 3366 0644.

**NAPLAN 14th, 15th and 16th May**
What is NAPLAN?  
The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7, and 9. All students in these year levels are expected to participate in tests in Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

Why do students do NAPLAN tests?  
The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and which areas need to be prioritised for improvement.

NAPLAN tests are one aspect of the school’s assessment and reporting process, and do not replace the extensive, ongoing assessments made by teachers about each student’s performance.

What will be tested, and how?  
NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. The content of each test is informed by the National Statements of Learning for English and Mathematics, which underpin state and territory learning frameworks. Questions are multiple choice or require a short written response. The Writing task requires students to write a persuasive text.

Can I help my child prepare for the tests?  
NAPLAN assessments are undertaken by students as a normal part of their education program. Teachers will ensure students are prepared for the tests and will provide appropriate support and guidance. Sample questions and a sample Writing task can be accessed on the NAPLAN website: www.naplan.edu.au.

How is NAPLAN performance measured?  
NAPLAN is not a pass or fail type test. Individual student performance is shown on a national achievement scale for each test. Each test scale has ten bands and all year levels are reported on the same scale. Six bands are reported for each year level for each test. One of these bands will represent the national minimum standard for students at each year level. A result at the national minimum standard indicates that the student demonstrated the basic literacy and numeracy skills needed to participate fully in that year level. The performance of individual students can be compared to the average performance of all students in Australia.

What happens if my child is absent from school on test days?  
Wherever possible, schools will organise for individual students who are absent at the time of testing to complete missed tests at another time during testing week. Individual students are not permitted to sit tests after Friday 17th May.

**Class News**
from PrepFS

**Marvellous Measurement in Prep**

In Prep this term, we have been having a lot of fun during Maths Groups, learning to measure items of different lengths and capacities. We made quite the splash when we used cups of water to compare and contrast the size of different containers. We used blocks to measure the height of each student in our class so we could discuss language such as ‘tall, taller and tallest.’ We also worked with our Year Four Buddies to measure different items in our classroom using a range of everyday items, such as pencils, counters and dominos. Who knew measurement could be so much fun?

![Image of children measuring](image)

**Library News**

It is with great pleasure that I announce that the library is now also an Art Gallery! The shelves are adorned with fantastic 'Pop Art' created by the Year 9 students under the guidance of Ms Stuart.

These wonderful works of art include lipstick, toothpaste, chocolate bars, MacDonalds fries, rubics cube, skateboards, microphones, shoes, perfume bottles and more. Everyone is welcome to visit and check out these creative works by the students.

**Quote of the week:** "If you raise your children to feel that they can accomplish any goal or task they decide upon, you will have succeeded as a parent and you will have given your children the greatest of all blessings." ~ Brian Tracy

**Sport News**

By Michelle Murphy
Health and Physical Education Teacher

**Senior Cricket Team**

The senior cricket team’s game has been postponed until next Thursday 6th May. The boys will have their first 20/20 competition at Caloundra Cricket Grounds at 2pm on 6th May 2013. We are encouraging staff, students, family and friends to come down and support our senior students. We wish the boys all of the best with their first 20/20 game.

**Touch Football Competition Results**

- U8 Mixed won 11-2
- U12 Boys won 5-2
- U14 Girls loss 0-5
CCPS Year 4-12 Cross Country

Congratulations to all students who took part in the school Cross Country on Tuesday. The day started with lots of music, dancing and cheering to warm up muscles and get the spirit rolling. It was fantastic to see all of the students putting in 100% on the course. A huge thank you needs to be made to Hamish Pressland the General Manager of Henzell Land Development for allowing us to utilise the land behind the school. Thank you to all the parents who assisted on the day, we greatly appreciated your assistance. The top six runners in each age group will be heading off to the Independent District Carnival on Friday, 10th May at the Maroochydore Cricket Grounds in Buderim. Congratulations to the following students who received age champion.

2004
Hamish Carmichael
Natasha Schoiler-Linck

2003
Hugh Williams
Jordan Neale

2002
Jackson Hood
Kayleigh Brighton

2001
Niclas Dreyer
Alycia Wilson

2000
Chris Anderson
Perri Bright

1999
Jack Williams
Victoria Davies

1998
Daniel Reynolds
Jessica Hoskin

1997
Lachlan Kenny
Alyssa Cherry

Open
Justin Faa
Bino Hasegawa

Fun Run
On Sunday 28th April 2013 nine students, Mikayla Coleman, Jasmine Mobbs, Jackson Mobbs, Shaun Capps, Harry Bartram, James Bartram, Alyssa Cherry, Jana Cherry and Kayleigh Brighton and four staff members Ms Macks, Ms Muir, Ms Tralau and myself gained 10 points towards their House for competing in the 5km Noosa Winter Festival Fun Run. Both students and teachers should be congratulated on their efforts. Thank you to the parents who also gave up their Sunday to drive their children up to Noosa to compete in such a wonderful event. The next fun run will be in June.

Junior Sport Information

CCPS Futsal Team
CCPS will enter two Futsal teams into the QLD Futsal State Titles held in June. Tyrone Honeysett, Archie McCartney, Jaidyn Mees, Jordan Muir, Robert Kidd, Jordan Blacker, Taj Stephenson, Alec Latham, Harry Bartram, Jackson Hood, Jackson Price & Bera Dilbaz will begin their Monday morning training sessions with QLD Futsal coaches and Ms Hirst in preparation for their competition. We wish both teams all the best with their training and competition.
### Senior Sport Information

#### Interschool Sport Results

<table>
<thead>
<tr>
<th>TEAMS</th>
<th>CCPS v’s</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>European Handball</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>CCPS v’s CCC</td>
<td>Loss (3-11)</td>
</tr>
<tr>
<td>Boys</td>
<td>CCPS v’s CCC</td>
<td>Loss (2-11)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Loss (0-9)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Loss (6-12)</td>
</tr>
<tr>
<td><strong>Oztag</strong></td>
<td></td>
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<tr>
<td>Girls</td>
<td>CCPS v’s CCC</td>
<td>Win (6-4)</td>
</tr>
<tr>
<td>Boys</td>
<td>CCPS v’s CCC</td>
<td>Win (5-1)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Win (3-3)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Loss (3-2)</td>
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<tr>
<td><strong>Ultimate Frisbee</strong></td>
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<tr>
<td>Girls</td>
<td>CCPS v’s CCC</td>
<td>Win (2-1)</td>
</tr>
<tr>
<td>Boys</td>
<td>CCPS v’s CCC</td>
<td>Win (10-0)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Win (8-3)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Loss (10-0)</td>
</tr>
<tr>
<td><strong>Soccer</strong></td>
<td></td>
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</tr>
<tr>
<td>Girls</td>
<td>CCPS v’s CCC</td>
<td>Draw (0-0)</td>
</tr>
<tr>
<td>Boys</td>
<td>CCPS v’s CCC</td>
<td>Draw (3-3)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Loss (0-6)</td>
</tr>
<tr>
<td></td>
<td>CCPS v’s GHCCC</td>
<td>Draw (3-3)</td>
</tr>
<tr>
<td><strong>Softball</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mixed</td>
<td>CCPS v’s CCC</td>
<td>Loss (7-11)</td>
</tr>
</tbody>
</table>

#### Independent District Trials
21st May 4:30-5:30
- Baseball 14 years Boys & Girls

Venues and information will be given upon Principal permission.

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### Parents & Friends Association Meetings

The next meeting will be held in the Library on Wednesday 22nd May at 9am. All welcome.

Email: pandf@ccs.qld.edu.au

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### Parents and Friend's Association News

#### Woolies Earn & Learn Promotion
We are starting to see stickers and sticker charts being returned to the collection box in the Library, and we will liaise with our Teachers as to the best Educational Resources to redeem them for. Please support our School by asking for your points stickers when you shop at Woolies during this promotion. You receive one points sticker for every $10 spent, and every sticker counts towards receiving valuable Classroom resources. Our total stickers to date are 2280. The Promotion ends Sunday 9th June, 2013.

#### Mother’s Day Stall
Our Annual Mother’s Day Stall will be held on Thursday 9th May in the Library. Students in the Junior School will
visit the stall in their class groups during the morning to give them the opportunity to buy a gift for their Mum or Special Friend. Gifts are priced from $2 to $7. If you would like your sons and daughters to participate, please place money in an envelope, marked with the Student’s name and class, and send this along on the day. City Star students are most welcome to visit our stall during the morning and Senior students are welcome to make their purchases during morning tea recess.

**Next P & F Meeting**
All Parents and Friends of CCPS are invited to our next meeting being held on Wednesday 22nd May at 9am in the Dame Elisabeth Murdoch Library. Come along and hear what is happening around your School. We would love to see you there.

**P & F Meeting Minutes**
Click on this link to go to the P & F website page to read the minutes of the meeting held 24/4/13.

**School Banking News**

This year the Commonwealth Bank is introducing students to Savings Adventure Island and in Term 2, they're bringing the good news that the Dollarmites have found treasure on their journeys across the Island. What's even better is that they want to share it with the students and their families in the form of some amazing adventure themed prizes.

Here's how families and students can win

To be in the running, students simply need to make three or more School Banking deposits during Term 2, regardless of the value. They will then be automatically entered into the competition.

**Major Prizes**
- One student will win a $5000 family adventure holiday to anywhere in Australia.
- $5000 cash for the winning student's School to spend however they please.

**25 X Runners-up prizes**
- An awesome kid's adventure pack worth over $700 each that includes a Wii U, walkie talkies, night vision goggles, a waterproof camera and a Razor eSpark electric scooter.

For more information, contact Nicole Hood or visit www.commbank.com.au/adventureisland

Nicole Hood, Student Banking Coordinator.

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**How to Contribute:** email copy and images to admin@ccs.qld.edu.au by Tuesday 3pm

**Know someone that would like to get this newsletter?:** Forward to a Friend

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