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2011 Term Dates

Term 1:
- Monday 24th January to Friday 1st April

Term 2:
- Tuesday 19th April to Thursday 16th June

Term 3:
- Tuesday 12th July to Friday 16th September

Term 4:
- Tuesday 4th October to Friday 25th November

Dates To Remember

OPEN DAY
Wednesday
17th August
All welcome

From the Principal

Teenagers can be tricky at the best of times and for parents it may be one of the toughest challenges of all to stay calm (and sane), through those trying days, weeks and months and even years. Now please don't get me wrong, the teenage years can be fun too, but of all the time periods for young people, the teenage years can be the most challenging and frustrating for parents.

When it comes to sorting out teenage problems or family conflict, there are no quick fixes, nor are there one stop cure-alls, nor are there strategies or solutions that work for everyone. There is no right way or right approach that's going to work for every person or for every situation. As one comic quipped:

"Raising teenagers is like nailing jelly to a tree."

Yes we recognise that teenagers are growing up and need more independence, more autonomy and more privacy but this should be a measured and balanced approach. The 'fine line' is letting your son or daughter have more privacy, you don't need to know everything, but by the same token you need them to understand that you want them to be safe, and because of this, there are some things that you do need to know.

Parents understand protective behaviours but adolescents don't necessarily see the risks that parents do. Teenagers can be very manipulating when it comes to going out with their friends. Where they say they're going and where they end up going, can be completely different. Yes you want to build trust but trust works both ways and they have to demonstrate to you that they can be trusted. It pays to contact the other parents to get details and ensure that the other parents are there or supervising your son or daughter. While this does not always pan out, there is some peace of mind in allowing your son or daughter to go to someone's place if you have spoken to the parents beforehand.

Listen and share time with your teenager as part of your daily and weekly routine. As a busy parent, we often tell ourselves it's the quality of the time not the quantity of time that counts most. Unfortunately all evidence is to the contrary. What's most important, in fact, is the quantity of time we spend with our sons and daughters. Listening to your son or daughter sounds easy, most of us think that we do this really well, but often the child's interpretation of time spent listening to them is quite the reverse. It's hard sometimes to listen without giving advice or asking too many questions and this is an acquired skill that
Year 5 students are lucky to have animal through the World Wildlife studied endangered animals from culminating event, which was the endangered animals, they raised money to adopt an endangered class pet, Snowy the Polar Bear. Students with their new adopted communication and team work. The 5NB children have been putting their logical reasoning skills to work playing MasterMind on the Junior School iPads. The Year 5 students are lucky to have the iPads on a Friday afternoons on the Junior School iPads. The different apps this term which require problem solving, communication and team work.

Parents need to master. Listening in silence does not mean that you agree with your son or daughter, but it does mean you are listening. Reflective responses are helpful when listening; giving advice (if it’s not requested), or starting with “when I was young” is not.

It’s not a perfect world, (we get that), but equally we need to understand that our teenagers are not perfect. Things will go wrong and do go wrong. Yes, there need to be consequences for inappropriate behaviour and wherever possible make the consequences relevant to the situation. Acknowledge the mistake and as a family, move forward, because constantly reminding your son or daughter of the mistake is not going to help the situation. Apologising for inappropriate behaviour is a very important step for teenagers to take, in allowing everyone to put the incident behind them and move on in life. Take heart from the philosophy that your teenager will learn from the mistakes and while it doesn’t seem like they are learning at the time, over the longer term, they do learn the lessons.

Who’s the boss in your family? According to expert, Elizabeth Harrell, teenagers need boundaries and safe, secure situations in which to grow. Parents are the provider of both, and when you act like a friend, your teen will lose security. Teens who view their parents as authority figures and providers are more likely to be close to them in adulthood. Despite what appearances might suggest, teens do not respect parents who behave like teens. Relating to your teen, based on your own experiences, can be a successful method of working through challenging situations, but at no time should you lose your parent status. (From: “11 Mistakes parents make with teen discipline”).

Setting boundaries is essential. You may feel like the enemy from time to time (and yes, occasionally your son or daughter may call you this), but more than anything, adolescents need to know what they can and can’t do. You are the parents and you determine what the rules and boundaries are in your household. Don’t succumb because of the ‘tried and tested’ (very testing), ‘Linda’s mum or Jamie’s dad lets them do this or go to this place’ - or whatever it might be that they want to do. Stay strong, like the Rock of Gibraltar – don’t let your teenager manipulate you emotionally.

Talk to the other parents of your son or daughters’ friends. No-one likes to be the last parent to know about what is going on between your own son or daughter, with another teenager. Please, if you are one of the parents who knows something about another teenager’s risky behaviour, talk to one of the teen’s parents about what you have seen or heard. You may save a family from a very painful situation or a tragedy. At worst your comments may cause the other parent to become miffed, but if it was your son or daughter involved in risky behaviour, wouldn’t you want to know? Of course you would. If this all seems a little too difficult or confronting, let someone else know either in the school or a close friend of the family. Please don’t be the one to spread the gossip to other parents, this may fuel a potential situation and make it even more difficult for a family to resolve the issues with their own teenage son or daughter.

Be around and let it be known that you’re around. Teenagers are notorious for getting themselves into strife and then having a hard time getting out of a bad situation by themselves. Sometimes teenagers will go out with a group of friends and either separate from them to be with ‘someone special’ or alternatively may have an argument and walk off from his or her friends. Either way, the consequences of separating from friends to be by themselves can lead to dangerous or risky behaviour or situations. Always let your teenage know you are available to give them a lift home. You will pick him/her up at anyplace or anytime, even three o’clock in the morning. You will do so without any consequences to your teenager on the understanding that everyone makes mistakes in judgment. You simply want your son or daughter to be safe, no matter what the circumstances.

Be positive and have positive intentions and above all keep a sense of humour. I say this in hindsight as a parent who has seen three of my children grow into adults and now laugh when we talk about some of their misdemeanours during the more difficult teenage years. Can I laugh about all of the difficulties? Definitely not, but some of the ‘darkest hours’ have been defining moments in turning around one of my then teenagers from the ‘dark side’. Remaining positive and looking forward to a positive and bright future was a struggle some days but in the end, that’s what happened. Have faith and trust that the values that you share with your teenager will hold them in good stead in the future.
Sometimes we need to get professional help, because despite our best efforts, we are unable to work through the complicated issues that are causing escalated family conflict. Finding a professional 'third party' to mediate and arbitrate through the mine field is sometimes the only way forward.

As a school we support both students and parents through this difficult and trying time. Research shows that when the school and parents work in partnership, the resilience and protective factors of your child are enhanced. Our Life Skills Program and Outdoor Education Program, give young people effective strategies for dealing with a wide range of social and emotional issues as they grow and develop into young adults. Together we can work towards resolving many of the issues facing you as parents or your children and help support you through the process. Yes, the teenage years are amongst the most challenging but they are also amongst the most rewarding and satisfying years of your life. Yes they really are; trust me on this point.

Karon Graham
Principal.

Principals Acknowledgements:
Congratulations to Kayla Murphy who placed 5th out of 95 in her section and our Number 4 Team who placed 10th from 24 teams at the Sunshine Coast Tournament of the Queensland Statewide Interschool Chess Championships this week. A fine result.

Good luck to all of our Sunshine Coast Independent Schools Athletics representatives competing this week. I'm sure you will all do us very proud.

Visit the Principal's blog, Edutake

Board Shorts

News from the CCPS Board.

The Board has recently elected to move ahead with two more projects in the coming months. The first project will be to build a prestigious statement wall with the School’s name prominently placed on a quality sandstone wall on the perimeter of the school’s boundary, facing Pelican Waters Boulevard at the first roundabout before the bridge. This location will give the School’s name maximum exposure to passing traffic and be a high quality statement for Caloundra City Private School, which is reflective of the high level of excellence and quality of our school and school community.

Later in the year when school has finished, work will commence on the improvement of the oval’s drainage and surface area. Work on the rectification of the oval’s uneven surface and top dressing of the oval will bring about a vast improvement in the running and playing surface of the oval and the extensive drainage work will minimise pooling of water after heavy rainfall.

The Board is well aware that these two projects will address some concerns expressed by parents over recent months and also enhance the look and feel of the School grounds.

Until next time.

Roy Henzell
Board Chair
Senior School News

by Amanda Stuart, Head of Senior School.

**Book Week 2011**

Tuesday 23rd August, 2011 is the time when our students dress up as their favourite book character for the day. Parading on assembly and enjoying being their favourite character for the day is all part of the festivities associated with Book Week each year.

It certainly is a great opportunity to inspire, celebrate and appreciate literature in our lives. Days like this are a key part of our school calendar and are enjoyed by both students and staff.

This year our senior students have indicated that they would like to be part of the book week celebrations. However, students are reminded, that Tuesday 23rd is not a uniform free day; students who are not in costume are expected to be in full school uniform. Students are encouraged to be creative and come up with their own creation; hence it does not necessarily have to be hired.

**QTAC**

Our Year 12 students have all received QTAC information and now should have an understanding of what is entailed in the on-line tertiary application process. Students are reminded that there are strict due dates with the vast majority of courses closing on September 30th.

Junior School News

by Catherine Green, Head of Junior School.

**Keio Visit**

Over the next two weeks we have ten students visiting from Keio University School. These students attend a variety of schools in Japan and attend Keio for evening English classes. This week we welcomed them on Assembly and they have been buddies with a number of our students for integrated classes. The visiting staff have been full of praise for how welcoming our students have been. They are greatly enjoying the experience and are adapting to life here. When they are not attending their intensive English class or integrated classes they have experienced surf safety lessons, a visit to Lone Pine, Underwater World and a number of other tourist attractions. On Open Day the students were treated to an Aboriginal cultural experience involving boomerang throwing and dance.

**Oztag**

Sunshine Coast Oztag has invited students from Caloundra City Private...
School to compete in the 2011 annual Sunshine Coast Oztag Primary School Challenge. This tournament is to be held on Wednesday 24th August at the Maroochydore Rugby League Grounds at Wises Road, Maroochydore. Caloundra City Private School will be entering a Year Seven Boys team and a Year Seven Girls team and a number of students have been selected to represent our school at this tournament.

Chess Tournament
On Tuesday our students from 3,4,5 GF competed in the Sunshine Coast Schools’ Chess Tournament. Many of these students have been regular attenders at Chess Club as well as having received the benefit of intensive classroom chess instruction. They performed very well on the day and returned very proud of their accomplishments.

Soccer 2011
This weekend will see the culmination of another very successful Soccer season for CCPS Ospreys. The skill development and camaraderie of the students continues to grow each year. I would like to thank the Soccer Executive, coaches, managers, canteen convener and all parents who have assisted with the set-up, clean up and organization of our Soccer Club.

At the conclusion of matches this week there will be presentations to each player and a celebration to conclude the season. Parents are reminded that Churches Soccer Association prohibits dogs attending matches and parents are asked to abide by this regulation.

Bookweek dressup
A reminder that Tuesday 23rd August is the day for our annual Bookweek dress up Assembly. Children are encouraged to dress up as their favourite book character as part of the Bookweek celebrations.

Lost Property
Parents are asked to please check their child’s clothing items for the correct names. If anyone finds sports clothing belonging to Ashley Loughnan, please contact Nicky Burr in 5NB. His clothing went missing during the time of the musical and has perhaps been accidentally taken by someone else.

Please ensure that all items are named with your child’s name. It becomes very confusing when trying to locate the owner of some clothing which has been bought second hand and has not been renamed. Your assistance with this would be greatly appreciated.

Library and I.T. News
This week there has been a hive of activity in the DEM Library. We’ve had an information evening for the Year 10 students and parents for 2012, the Open day presentations and morning tea. Mrs Glenda Bertram, our Food Technology teacher has showcased a decorated a beautiful table setting in the library for the morning teas on our Open days. We’ve also had twelve visiting Japanese students and English teacher utilising the open area of the library all week.

There has been many students working hard on their assignments during their spare study periods and after school and of course the usual miriad of children using the computer lab and library during their lunch breaks. It’s wonderful to see the DEM Library as the hub of the school.

**Bookweek dress up assembly:** All Junior School students are encouraged to dress up as a book character on **Tuesday 23rd August** for our annual Bookweek assembly. This year we will not be choosing winners in each class as I believe the emphasis on this occasion should be of fun for the students who can dress up all day in their favourite costumes.
Donation thank you: It is with great appreciation that we thank the Akram family and the Currimundi Medical Centre for their very kind donation of funds for the Time magazine subscription and new books for our library. Your generosity is very much appreciated by the whole school community.

Quote of the week: "What sunshine is to flowers, smiles are to humanity. These are but trifles, to be sure; but, scattered along life's pathway, the good they do is inconceivable." - Joseph Addison.

Sport News

ATHLETICS
Good luck to all CCPS students as they compete in the Secondary Sunshine Coast Independent District Athletics trials held this Thursday and Friday at the USC athletics track. The primary students set the bar very high earlier in the year almost pulling off a huge upset by taking 8th place away from a much larger school. The CCPS secondary students have the chance to make this a reality and I look forward to some pleasing group and individual performances over the coming days.

CCPS TOUCH FOOTBALL
A group of Years 8 and 9 students have shown great school spirit and initiative to create CCPS’s first Touch football team. The team consisting of 8 boys and 4 girls will play each Monday night as part of the Maroochy Touch competition. Last Monday night saw the group have their first real training session and things are looking very positive for the coming season. Watch this spot for all results and weekly MVP’s.

SOCCER NEWS
U7 Maroons (2) Vs Siena Dragons (2)
The Maroons took to the field on Saturday against a focused and determined Siena Dragons team. They played their usual free running and attacking style of play but were denied goals by very committed goal keepers. The Dragons put first points on the board and from then on the Maroons played catch up for the rest of the match. The Maroons had many more scoring opportunities than the Dragons, but their goal attempts were either just wide of the posts, or saved by the opposition's goalie. With two minutes of play left on the clock, the Maroons were down 2 -1 and on the attack. Lachie Noyes took a shot at goal which ricocheted off the Dragons Goalie’s legs and landed at the feet of Charlie Whiting who seized the opportunity and kicked a goal to bring the scores level at 2 all. From the restart, the Maroons tried desperately to score again, but time ran out. Congratulations to the team of Jordan Doughty, Hamish Carmichael, Lachie Noyes, Charlie Whiting, Charlie Tramacchi, Sam Boulton, Ryan Brodie, Alex Roper, Joshua Barlow & Tyler Johnson who never gave up trying the whole match. You gave spectators a thrilling match to watch full of heart stopping moments. Charlie Whiting scored both goals this game, and was well supported by all his team mates in attack and defence.

Congratulations to Sam Boulton, who was voted Best and Fairest on field by the team’s parents.

Good luck to the Maroons this week, in the last game of the season, against the Unity Vipers.

U7 Blue (2) v Sienna (2). Another awesome display of skill from our team, our goalies Jacob Salvesen and Bailey McDonald did a great job stopping numerous goals. In the last two minutes of the game Bailey McDonald (2) scored two goals to make it a draw (Bailey also received the encouragement award this week), which was well deserved after the game they played. Well done!

The U/10’s opponent (Mooloolah) forfeited this week’s game.

Parents & Friends Association Meetings
Next meeting 6.30pm in the library
Monday 12th September.
All welcome
Email: pandf@ccs.qld.edu.au
Senior School Leaders News

This week has been eventful at Caloundra City Private School. Tuesday in particular had many significant events for many students.

Our Whole School Assembly included a presentation about World Visions 40 Hour Famine. Although we didn’t quite see their video, Jennifer Norton and Shakira Ramsdell explained to us about the severity of the GFC, no not the Financial Crisis but the Global Food Crisis. We encourage students to participate in this fundraiser in an effort to assist these unfortunate people.

Previously we have been involved with running this fundraiser and are fully aware of the hard work that goes into this event and we congratulate Jen, Shakira, Michael, Jordan and Mrs Tralau on their commitment to this cause.

For the whole of Tuesday our Year 12 Cohort were treated to a hugely beneficial workshop from Mighty Minds regarding our Queensland Core Skills Test. The date is fast approaching but with the great preparation we have had from our teachers, we feel prepared.

On Tuesday evening along with staff we joined our Year 10 Students and Parents to discuss their senior education for Years 11 and 12! This is an exciting time for them and we wish them luck in their decision process and would be glad to answer any questions these students have. It was fantastic to hear how passionate our teachers are about their individual subjects. In Mrs Grahams’ presentation there was one quote which we think is fantastic with a meaning all students can relate to:

"The only place SUCCESS comes before WORK is in the Dictionary"

This can be related to our academic, sport or various other activities and with our work ethic and the dedication and help of our teachers and parents, that success can be achieved.

We wish everyone a fantastic week,
Until Next Time,
Rhiannon, Alex, Olivia, Jake
Caloundra City Private School Captains

Queensland Statewide Interschool Chess Championships

On Tuesday 9th August students from Year 3/4/5GF travelled to the Lake Kawana Community Centre to compete in the Sunshine Coast Tournament of the Queensland Statewide Interschool Chess Championships. It was the most successful tournament of its type on the Sunshine Coast with over 250 students from many Sunshine Coast Schools competing in seven chess games over the duration of the day. All students played competitively with Kayla Murphy, Jake Marshall and Armelle Cristante receiving High Score Merit Ribbons. All students are to be congratulated for their sportsmanship, excellent behaviour and great representation of our School. Thanks also to Antony Moore, Fiona Cristante and Janelle Murphy for providing transport to and from the venue.

Woolies and Coles School Promotions

Keep those docket and vouchers coming in! This week’s tally is:

WOOLIES POINTS = 1927
COLES VOUCHERS = 760

Commonwealth Bank School Banking

The Commonwealth Bank School Banking is having a revival! Parent volunteers, Nicole Hood and Janice Benjamin have taken on the job of co-ordinating this worthwhile project. How does it work?

- Students bring their bankbooks with deposit to school on Wednesdays.
• Nicole and Janice process the deposits on Thursday mornings.

• All students receive a token with every deposit and once they have collected 10 tokens they can redeem them for a variety of rewards such as water bottles, money boxes, wallets, lunch boxes and watches.

Student banking teaches children the process of saving and also provides the school with commission from each deposit.

If parents are interested in opening an account for their child, please email Nicole on theobservatory@bigpond.com and she will arrange for an application kit to be given to your child in class. All you have to do is fill in the details and send it back to school with deposit on Wednesday.