From the Principal

“The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles, but to live in the present moment, wisely and earnestly.”

(Buddha)

Live for the moment. It sounds reckless doesn’t it? If we think about this proposition a little more though, life is really a continuum of moments, a series of decisions that we make, most of them seemingly insignificant, but in the course of our personal history, the collective decisions we make lead us to our destiny. Why should we live for the moment?

Many years ago, there was a popular song written by Bobby McFerrin, called “Don’t Worry, Be Happy”. The very simple lyrics struck a chord with many people. We are not able to change the past, so let it go. We are not able to predict or know with certainty the future, so there’s no point stressing too much about that either. Yes we can make plans for the future, but remember that events can often conspire against our best laid plans. So maybe there is something to McFerrin’s lyrics, ‘don’t worry, be happy’.

In Andy Andrews’ book, The Butterfly Effect, based on the theory of Edward Lorenz, he explains how one decision, one small act or one change can have a ripple effect elsewhere. When the disaster of 9/11 struck the World Trade Centre, some people, who would normally be at work there, had made a decision a week ago, or the day before, or even on the day to do something that meant they were not on the upper floors of the World Trade Centre when the planes struck.

One man decided that he would take his daughter to her first day of school and another, Larry Silverstein, had made a doctor’s appointment, which his wife insisted that morning that he should keep rather than rescheduling. Chef Michael Lomonaco decided to drop in at the optometrist in the lobby of the World Trade Centre to see if he could change his appointment time, instead of travelling up the lift to the 106th floor to his restaurant, where he would normally be preparing for the day ahead. All of these people were spared almost certain death by the decisions they had made the week before or because of spur of the moment decisions made that day.
Speech Night
Tuesday 13th November
Caloundra RSL Function Centre
6.45pm - 9pm

Junior Presentation
Morning
Wednesday 14th November
Prep - Year 6
8.15am at the Caloundra RSL

Valedictory Year 12
Thursday 15th November

Congratulations
Logan

Alpine NSW Young Sportsperson
of the Year 2012

Eloise & Teagan
Australian Youth Choir

Last Sunday Eloise Whitney and Teagan Osborne sang as part of the Australian Youth Choir at the "I am Australian" 25th Anniversary concert held at the Conservatorium of Music in Brisbane. They sang a number of songs and at times were accompanied by former member of the 'Seekers', Bruce Woodley. Eloise and Teagan sounded fabulous and made their parents proud.

Archibald Prize

Not all decisions take on such significance though. According to a survey by Columbia University decision researcher, Sheena Iyengar, the average person makes approximately 70 conscious decisions every day. That’s a lot of decision making happening in our lives. Multiply 70 decisions by 365 days and that means, on average, we are making around 25,550 every year! It’s no wonder that these decisions collectively determine our destiny and the destiny of other people in our lives.

What influences our decisions is quite interesting too. Arnaldo Oliveira, an expert in decision making process, argues that the essence of decision making integrates both the beliefs about specific events and people’s subjective reactions to those events. He identifies three factors influencing our decision making. Firstly there may be more than one possible course of action possible for us to consider. Secondly, we the decision makers form expectations concerning future events based on degrees of confidence and probabilities for the future. Thirdly, we consider the consequences associated with possible outcomes, which reflects our own personal values and current goals.

Author, John Hunt has an interesting theory about people, which may influence how they make decisions and what decision they make. He writes about people either being a ‘sunset’ person or a ‘sunrise’ person and he believes that everyone falls into one of these two categories. Hunt explains:

"A ‘sunriser’ gives out energy; a ‘sunsetter’ sucks it away. A ‘sunriser’ goes through life open to the idea that the best may still be coming. A ‘sunset’ person is heavy in the knowledge that the best is past. For him or her, the future is in a calibrated decline."

In essence, beliefs influence our actions and often can result in a self-fulfilling prophecy where our decisions influence eventual outcomes. In other words, what you believe, will come true, because you will subconsciously and consciously act in ways that cause the event to happen. Self-fulfilling prophecies are powerful, and real.

A simple decision about whether to let your child learn a musical instrument, or learn to sing or dance or paint can significantly influence the course of their life. A young child who struggles to learn, to speak or write, may benefit greatly by learning to play a musical instrument or play chess or to learn to draw or to play a particular sport. Not only does it open a whole new world of opportunities for your child, but it may very well be the one thing, in which they excel and experience success in their life. We never know where such a decision will lead.

The School’s Twilight Concert and the Year 10 Archibald Portraiture Competition were two recent events that highlighted how a decision to learn to play a musical instrument or sing or paint, showcased the superb talents that our students have developed over the years. It never ceases to amaze me how a young child in Prep develops from tentative singer or player of a musical instrument to such a talented musician in a few short years.

There’s no escaping it, the more opportunities we give our child at the youngest possible age, the more likely they are to excel, not just at school but in life in general. A small decision can have an untold impact on the future. We never know where the decisions of today will lead; ultimately, it may very well depend on our beliefs and expectations and (maybe) on whether we are a ‘sunsetter’ or ‘sunriser’. I will let Theodore Roosevelt have the last word on decision making:

"In any moment of decision the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing."
STOP PRESS
Our own triathlete, Jessica Hoskin (Year 9) is nominated for the Schultz Toomey O'Brien Student Athlete Award in the Sunshine Coast Daily's People's Choice Awards for November. To vote for Jessica, fill in an original entry form in the Sunshine Coast Daily before 30th November. The winning athlete wins $3000 and all entries go into the draw to win one of four $500 cash prizes.

Principal's Acknowledgements

Congratulations to Year 6 student, Logan Hanckel who was awarded the Alpine NSW Young Sportsperson of the Year. Last weekend, Logan and his family travelled to Sydney to attend the NSW Sports Awards Ceremony where he was presented with a trophy. Logan has also been offered a scholarship to a prestigious ski school in Italy over the Australian summer. Excellent result Logan!

Congratulations to all students in Year 10 Art who competed in this year’s Student Archibald Portraiture Competition. Parents and friends were very impressed by the quality of the students’ work on show. The performance by the School’s rock band, Colliding with the Sun, at the Art Show was sensational too. Thank you to Joshua Moore, TJ Bindon, Nick Reynolds and Natasha Irvine.

Congratulations to the following Art Prize winners:

Packers’ Prize: Mamia Rudkin
People’s Choice: Alyssa Cherry
Overall Year 10 Archibald Portraiture Prize Winner: Caitlin Ratcliffe

On Wednesday the 31st October Perri Bright, Kayla Murphy, Keaton Dines, Molly Rava and Safron McGibbon from Year 6 travelled to the Lake Kawana Community Centre to compete in the QMAT Mathematics Competition. Well done to the team for their great performance and congratulations to both Kayla and Perri who received 100% in the individual section.

Twilight Concert
Congratulations to the students who performed recently in the School’s Twilight Concert. The music was magical, the voices soared and the students were outstanding. Congratulations to all students who performed:


Many thanks to Mrs Butler and Ms Burton for auditioning and organising this year’s Twilight Concert – everything ran perfectly thanks to their superb organisation. Special thanks to Ms Stuart for her inspiration of the Year 10 students in their portraits which were outstanding and for all of her work in organising the Year 10 Archibald Portraiture Prize.

Winning entry by Caitlin Ratcliffe
Senior School News

by Amanda Stuart, Head of Senior School.

Speech Night gives us the opportunity to celebrate and honour those students who, through hard work, perseverance determination and/or service receive recognition for their efforts.

Every recipient of an award at Speech Night has persevered and worked hard towards doing the extra that makes the ordinary - extraordinary. All of the students awarded have displayed the kind of discipline and persistence that has allowed them to achieve their goals.

The excellence I have described did not, come about by accident. Many of the students receiving awards at Speech Night have made sacrifices of their free time, of their social lives and of pursuing other activities important to them in order to give what is required to achieve their personal best. Our Speech Night awardees have shown us what can be achieved through hard work and dedication to excellence.

The following criteria have been used in making judgments about eligibility for the awards: Dux of each Year level, Academic Distinction, Academic Endeavour and Individual Subject Prizes (Year 11 and Year 12).

For Year 11 and Year 12 it is important to note that these prizes are based on school performance using the students’ best 5 subjects; with each subject weighted equally. Results have been calculated for Year 12 using Verification data provided to the Queensland Studies Authority and for Year 11 the Term Three report card which is inclusive of the fullest and latest information at that point in time.

Individual subject prizes for Years 11 and 12 are awarded to the top student in each subject who has achieved a B or higher.

For Years 8, 9 and 10 prizes are awarded based on the results achieved and recorded on the Term Three report card – Semester 1 electives results have also been added.

Dux of each Year level

The Dux is awarded to the student with the highest aggregate mark or grade point average from Semester One and Term Three report.

Academic Distinction

Awarded to the students in Years 8, 9 and 10 who achieved an A result in four or more subjects on the Term Three report card.

Academic Endeavour

Awarded to the students who receive ONLY High or Exemplary in Work Ethic, homework and behaviour on the Term Three report card and who have not already been awarded Academic Distinction.
Discounted rates if you mention the CCPS newsletter.
http://8bits.com.au

Year 11 and Year 12 Subject Prizes
Subject prizes are awarded to the student who has achieved the highest result in a subject area. **The level of achievement must be of a B standard or higher to qualify for a prize.**

Please note while the awards for Speech Night are calculated using Term 3 data, the final pieces of assessment in Term 4 may be taken into account when differentiating students on similar levels of achievement.

Neighbourhood Watch Award for Service
This is awarded to a student who has shown both qualities of service during the year. They should be a person whose motivation has clearly been to promote the welfare of others. The prize is sponsored by Neighbourhood Watch and is an award acknowledging service to the School and/or community during the year.

QUT Experience Day
Years 8 and 9 students had the opportunity to attend QUT's Experience University Day on November 1st. The focus of the day was to provide an introduction to life at University as well as experience lectures and workshops with QUT staff and students. Students were able to explore specific study areas and career options and had a great day.

Many of our students were complimented on their dress and polite manners.
Mrs. Kate Wearmouth

Archibald Prize entrant - Luka Dale (pictured)

Junior School News

by Mrs Gabrielle Frisby, Head of Junior School

Speech Night
Next Tuesday the 13th of November, all students from Years 5 and above will be attending Speech Night at the Caloundra RSL Function Centre. Families are asked to arrive from 6.30pm. The entrance will be via the doors from the street into the venue. It is expected that all students from Year 5 will attend this event which is a special celebration of the achievements of our students and our School during 2012. Students from younger grades are welcome but will need to sit with their parents on the night. All students are required to wear their school uniform, without a hat. As this is a very formal occasion I would ask parents to ensure that children have polished shoes and that hair regulations are adhered to. For some students, this will necessitate haircuts before the event. Girls are also reminded that they need to ensure that scrunchies or appropriate ribbons are in their hair when it is tied back. The support of parents in ensuring that students meet these expectations is greatly appreciated.

Junior School Presentation Morning
The Junior School Presentation morning is being held next Wednesday the 14th November. This promises to be an exciting event with students participating in Country and Western themed performances. The presentation commences at 8:40am at the Caloundra RSL Function Centre. Parents of children from Prep to Year 6 are asked to drop their children at the RSL by 8:15am. The children will be bussed
back to school at the conclusion of the event.

Year 6 Graduation
The students and staff are greatly looking forward to the Graduation evening for the Year 6 students on Monday the 19th November. Parents of students in these year levels recently received an invitation and slip to return for catering purposes.

This promises to be a lovely evening of celebration for the students and a special time to reflect on their accomplishments as Junior School leaders and students at Caloundra City Private School. It is expected that students will wear their school uniform for the occasion.

Outside School Hours and Prep News
Last Friday, the 2nd November was Miss Lucy Plowman’s last day at Caloundra City Private School. I would like to take this opportunity to thank Miss Lucy for all she has done for the school community; especially, her work as the Prep teacher aide and the Coordinator of Outside School Hours Care. Miss Lucy is wished all the best for her future endeavours which in the short term include working and travelling overseas. From Monday the 5th of November, Miss Crystal Brown who is currently the Kindergarten Assistant will also be taking on the role of Outside School Hours Care Coordinator and Miss Jes Niebling will commence as the Prep teacher aide.

Junior School Assembly
Thank you to Mrs Call and the students from 1/2KC for sharing a poem with us on assembly yesterday. Congratulations to all the students who received Merit Certificates for the great work they have been doing in class. The next Junior School Assembly is this final Junior Assembly for 2012 and will be held at 2.30pm on Wednesday the 21st November. The Year 3 class will be making a presentation and Merit Certificates will be awarded to selected students from each class. All parents, grandparents and friends are encouraged to join the students from the Junior School at this assembly.

Twilight Concert
On Tuesday the 30th October we celebrated our annual Twilight Concert. I would like to take this opportunity to congratulate all the students on their very impressive and enjoyable performances. Thank you also to all the teachers involved in the organisation of such a wonderful school event and to the staff, students, parents and grandparents who attended.

Student Representative Council News
The Student Representative Council have been working very hard over the last few weeks and as a result have been able to raise funds to assist the Canteen charity as well as Daniel Morcombe Foundation. The Council raised $609.00 through the sale of bandannas for the Canteen charity and $400.00 from gold coin donations from students wearing something red for the Day for Daniel. Thank you to all the parents and students that supported these events.

The SRC have also conducted a Halloween Colouring Competition and the winners were announced on Halloween Day and were as follows:
Prep to Year 2 - 1st Prize - Matthew Murphy - PFS 2nd Prize - Chelsea Frisby - 2NB
Years 3 and 4 - 1st Prize - Chelsea Kidd – 3GF 2nd Prize - Eloise Whitney - 4KR
Years 5 and 6 - 1st Prize - Jorja Anderson - 5NB 2nd Prize - Belle Kurz - 5ND

Remembrance Day
Students from the SRC will be visiting classrooms each day this week selling Remembrance Poppies for $1 and Badges for $2.

Class News
from 2NB
The children in 2NB have enjoyed reading “Charlie and the Chocolate Factory” together this semester. We’ve met some outrageous characters and have loved following the adventures of Mr Willy Wonka and Charlie as they explore the magical factory. We have found that some characters are not polite, kind or appreciative and after working on our persuasive writing, we decided to write to some of the characters. Augustus Gloop received requests from us to listen to adults, take some
swimming lessons, learn some manners and get some exercise! Mr and Mrs Salt received some letters from very concerned 2NB children who worry that Veruca Salt might grow up to steal if she thinks she can have whatever she wants and never learns to appreciate what she has!

from 4KR
Year 4, has been learning about the unique relationships that exist between Aboriginal people and the Land though a variety of ways including the Dreamtime. The Dreaming involves stories of Spirit Ancestors who created the Land and established rules for Aboriginal society. These stories have been passed on from generation to generation through storytelling, music, songs, dance and art. In 7 groups, 4KR created a mural, as well as a dramatised presentation of a poem from a female Ngyampa Elder, Aunty Beryl Carmichael called ‘My Land’. This poem depicts Aunty Beryl’s relationship and connection to Country and Place.

**My Land**
by Aunty Beryl Carmichael

*I love my Country,*
*I love my Land.*
*With big, brown, flowing rivers*  
*CROSSING THE LAND.*
*Tall gumtrees*  
*SWAYING IN THE BREEZE,*  
*FLOCKS AND FLOCKS OF BIRDS*  
*Nesting in the trees,*  
*Sitting beneath,*  
*In their lovely, cool shade.*  
*Digging out*  
*Big, juicy grubs with my spade.*

Payment of 2013 School Fees by Direct Debit

Parents wishing to avail themselves of the direct debit option to pay their school fees for 2013 should note the following amounts have been calculated over 16 fortnights (and include the tuition fee, resource and technology access levy and an estimate for excursions and camps (excluding the trip to Canberra for Year 6 which is paid separately).

Direct debits commence on the 30th January 2013 and continue until the first week of September 2013 or until all fees and associated charges are paid in full.

**Preparatory to Year 2:** $420 per fortnight  
**Year 3 and Year 4:** $435 per fortnight  
**Year 5:** $450 per fortnight  
**Year 6:** $495 per fortnight  
**Year 7 to 12:** $590 per fortnight.

If there is any family wishing to discuss payment arrangements for the school fees for 2013 please do not hesitate to contact me.

Melinda Short  
Business Manager.
Sport News

Interschool sport report
Interschool sport competition started two weeks ago. Term 4 has an exciting choice of sports. This term the students have been competing in beach games; lifesaving, sailing, tennis, hip hop dance and cheerleading. The first two weeks we allowed the students to find their feet in their chosen sports.

Each week the students will be involved in some form of competition between the schools. The only two sports that do not have competitions each week is cheerleading and hip hop. Both of these sports require the students to learn new moves and develop their skills. At the end of the six weeks each school will put together their own routine, which will be performed on the last week.

We wish all students the best of luck and hope they enjoy the beautiful weather we have experienced lately.

Oztag Competition
Last week was a very successful week for our teams. On Monday our Under 8 boys and girls both played at 4pm. Both teams had very hard games. Both teams have come a long way from where they started. Our Under 8 boys smashed their opposition 8-2 despite being one player down.

On Wednesday night the Under 14 mixed team played a very competitive game. Unfortunately the Under 14’s went down by 2 tries however their team work and ball skills were outstanding and their tactical play looked brilliant. This week’s huge congratulations goes to the Under 12 mixed team. They won their first game this season on Wednesday night 7-6.

Every week these students play their heart out and haven’t walked away with a win until Wednesday night. They came together as a team and played with heart, congratulations and we look forward to seeing next week’s game.

Congratulations boys for your win and hard work out there on the field. Our Under 8 girls are also playing brilliantly especially considering they are mostly playing against all boy teams. Although they lost their game 2-7 on Monday, the girls are all playing as a team, utilizing their space on the field and engaging all players on the field. Well done girls, your position on the field and teamwork is extremely evident from the sideline.

Water Polo
Water Polo Queensland has recently contacted the school offering our students the opportunity to be a part of a Water Polo training program for students 15 years and under. In 2013, students in Years 7 to 10 will have the opportunity to play water polo for interschool sport. In addition, my aim is to enter the students into a Water Polo competition throughout next year against other private schools. This training will not only offer the student a fun fitness session but also allow students to gain an understanding of water polo and the skills involved.

Training will begin this Monday night at the Caloundra Aquatic Lifestyle Centre, Central Park Road (off Arthur Street) from 6pm to 7pm. The cost will be $8.00 per week paid on arrival. This cost covers pool entry, pool hire and coaching. Students are to bring a water bottle, towel and swim wear.

WATER POLO INFORMATION
VENUE: Caloundra Aquatic Centre
TRAINING DAY: Monday Night (continuing to Christmas)
LENGTH: Until Christmas
TIME: 6-7pm
COST: $8.00 each

The students will need to make their own way to and from the Aquatic Centre. At times I will be attending these training sessions. If your son/daughter is interested in attending training could they please fill out the expression of interest form (collected from Mrs Murphy).

Caloundra Milo T20 Blast Info:
Parents and Friend's Association News

Halloween Disco
Thank you to all students and families who attended our Final Disco for the Year. A great night was had by all. Thank you to the Students, Teachers and Parents who assisted on the night. A special mention to our wonderful Teachers who embraced the theme of the night and wore fancy dress or adorned themselves with glow sticks. Together we raised $750 for our School which will be used to purchase additional resources.

Hawaiian Book Fair (last days)
During the Book Fair, the P & F will have a table of unsold items from our Mother’s & Father’s Day Stalls. Prices range from 50 cents to $8 and include such items as stainless steel drink bottles, beach bags, sarong sets, aprons, candle sets & pedicure sets. Come along and browse. There are some great Christmas stocking fillers available.

Hat Cleaning Service
Hat Cleaning service for formal hats. We ask that the hats be dropped off in Administration on the last day of school and they will be collected on the first day of school 2013.
All hats need to be clearly marked with childs name and placed in a plastic bag
Correct change to be handed in along with the hat.

Boys Felt Hat and Girls Panama Hat - clean, stiffen and reblock - $25
Prep – Year 2 Cotton Hat - " - $15

Excellence Integrity Learning Excellence Integrity Learning Excellence Integrity Learning Excellence Integrity Learning

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