From the Principal

Parties are meant to be fun and most people would agree with this sentiment in principle but unfortunately the reality of a party can be very different. Why? Not all parties are fun. Yes, some parties are but there are other parties where the main purpose seems to be to drink and drink to excess; or to binge drink. Teenage parties are becoming increasingly perilous. So what’s gone so terribly wrong?

Today’s young people are exposed to tremendous peer pressure to ‘fit in’ with everyone else and there is no greater peer pressure than at a teenage party. The party scene is a major player in the culture of teenage drinking and creates an atmosphere where young people can be introduced to alcohol at an early age.

Make no mistake though, alcohol is a drug. It’s not a safe option to drugs; it is in itself, a drug and as such has many high risks associated with its consumption, particularly to excess and particularly by teenagers who are underage. Alcohol is a depressant and while in the first instance, there may be a high associated with initial drinking, the more alcohol that is consumed the more that a person’s moods, cognitive reasoning, judgement and spatial awareness is adversely affected.

The new data, from The 22nd annual Partnership Attitude Tracking Study (PATS), underscore alarming patterns in early adolescent alcohol use and found that teens view drinking alcohol – even heavy drinking – as less risky than using other substances. The PATS study also highlights that as underage drinking becomes more normalized among adolescents, parents feel unable to respond to the negative shifts in teen drug and alcohol use. (Refer to graph)

Underage drinking in Australia is someone drinking alcohol who is under eighteen years of age and binge drinking, which is having four or more drinks for women and five or more for men in a relatively short period of time, is harmful in the short term and may have more serious long term effects such as alcoholism and adverse effects on the brain and reasoning capacity.

Parents mistakenly believe that by allowing their teenagers to drink...
Friday 1st June
Voices on the Coast Excursion
Years 7, 8 & 9
Monday 4th June
Voices on the Coast Excursion
Year 6
Tuesday 5th June
Senior Exam Block
4th, 5th & 6th June

PATS Study graph
Under 8's Celebrations Pics

alcohol they will prevent them from experimenting with other drugs, which parents perceive as being more harmful. This perhaps is one of the biggest misconceptions that parents have in regards to teens drinking alcohol.

Because of these myths, many parents play a large role in contributing to our teen drinking culture by either supplying alcohol to their own teenagers to take to parties or hosting parties for underage teens and allow them to BYO alcohol. Even if a parent has made it very clear that there is to be no alcohol at the party, many teenagers find very inventive ways of bringing alcohol anyway.

“A talk about alcohol is very important, but when you send your teenager off to a party with alcohol it is important to know that common sense and trust will stay at home and the risk of alcohol related harm follows right behind them.”

(From: KEEPemSAFE – Keeping our young people safe from alcohol related harm)

Research reported in the Journal of Studies on Alcohol, (May 2011), showed that allowing teenagers to drink alcohol under adult supervision does not appear to teach responsible drinking as teens get older. In fact, such a ‘harm minimisation’, approach may actually lead to more drinking and alcohol related consequences, according to the study. Another study of 500 12-15 year olds, found that the amount of alcohol kept in the home, rather than the amount of alcohol parents themselves drank was a factor of how much teens drink. The researchers suggest that parents should try to keep alcohol where it is inaccessible to teens.

Did you know that alcohol related accidents are a leading cause of teen deaths? Teen drowning, suicides and murders also have been linked to alcohol use. The other risks include drink driving, unsafe sex, impaired brain development and possible injuries from alcohol fuelled arguments or fights.

The latest research highlights a number of issues surrounding the ‘teenage drinking culture’ of young people. For example an extensive study by the Joseph Rowntree Foundation found that there is a great risk of harm associated with the acute effects of alcohol intoxication. Yet parental intervention and present measures of education of the potential harm do little to delay drinking alcohol in young people to an age that is both legally and developmentally appropriate.

Experimentation of alcohol consumption causes young people to be ‘normed’ by the teenage group. If your son or daughter mixes with young people who drink to intoxication and drink regularly, there is a very strong likelihood that your son and daughter will follow suit. It’s so important for parents to find out all of the details of the ‘party’ and I mean all of the fine details like:

- Is the party supervised, and are there parents present the whole time?
- Is there an adult or security person to stop gatecrashers arriving?
- Is there alcohol available?

One other recent study reported in Science Daily, which surveyed nearly 5000 parents and adolescents between ages of 12 and 19 about drinking habits, reveals that in many cases, parents don’t influence whether their teen tries alcohol. The good news is though that parenting styles influence the extent to which young people drink.

The teens least likely to drink to excess had parents who scored high on both accountability and warmth. So called ‘indulgent’ parents, those low on accountability and high on warmth nearly tripled the risk of their teen participating in heavy drinking. ‘Strict’ parents high on accountability and low on warmth, more than doubled their teen’s risk of heavy drinking.

The ‘takeaway’ for parents is this, according to the researchers:

"Realise you need to have both accountability and support in your
relationship with your teenager,” Hoffmann said. “Make sure that it’s not just about controlling their behaviour – you need to combine knowing how they spend their time away from home with a warm, loving relationship.”

It’s clear that the research on teenage drinking highlights as many problems as it resolves. Parents who continue to have high accountability for their teenagers and have a warm loving home environment are providing important boundaries for their sons or daughters. Protective factors include a strong partnership with the School.

The Student Code of Behaviour states the following in both the Student’s School Diary and the Parent Handbook - verbatim quote:

5. Students will behave in a manner which enhances their reputation and the good reputation of the School. Disrespect to staff, causing harm to others, interference with the property of others, bringing the School into disrepute, or involvement with drugs (including cigarettes and alcohol) are regarded as serious behavioural issues which may result in a student being excluded from the School.

Acceptance and support of the School’s expectations that students at the School do not consume alcohol will provide further protective factors for your son and daughter. Also the School will also ensure through our Life Skills Program and curriculum that we will educate young people about the risks and potential harm of drinking alcohol at any age, but particularly underage. This partnership of shared values between the School and families will give our children the very best start and understanding of inherent dangers of drinking to excess and ultimately lead to more responsible attitudes and beliefs as they mature into adults. I finish with this quote from one of the researchers, Barbara McMorris, Ph.D:

“Both studies show that parents matter,” McMorris concludes “Despite the fact that peers and friends become an important influence as adolescents get older, parents still have a big impact.”

Karon Graham
Principal

Principals Acknowledgments:

Congratulations to Abbey Reniers who represented the Sunshine Coast in the Under 15 girls hockey last weekend against Brisbane, Ipswich, Tweed Coast, Toowoomba and Gold Coast. Abbey is playing for Caloundra Div. 1 ladies and Div 2 as well as her own Division which is J1 up to 18 year olds. A great effort Abbey!

Good Luck to Jaiden Mees in Year 6 who is competing in the Football Regional Trials this week.
Board Shorts

News from the CCPS Board.

School Gardens and Grounds

Our contract grounds and maintenance staff are doing a wonderful job. The gardens and grounds look fantastic. You will notice there has been some pruning of trees near the entrance and exit to the drop off zone and near the pedestrian crossing to increase visibility. In addition all the garden beds are progressively being mulched.

Over the coming weeks the oval will be fertilized (with a special blend based on the results of the soil nutrient status) and towards spring (when the rate of growth increases) we should see a significant increase in the grass cover. The School is working closely with the consultant on the oval to ensure we have the best possible facility. But it is a long process. We have been advised and are confident that by this time next year we will have an oval which will be the envy of others.

Until next time,

Roy Henzell
Board Chair

Senior School News

by Amanda Stuart, Head of Senior School.

TreeLine 2012 CCPS Artist in Residence Program

This semester Caloundra City Private School has been fortunate in being selected to be part of the Artist in Schools Residency Program TreeLine. Some of Visual Art students from Years 7-10 have been working with artist Judy Barrass.

Drawing on the environment and her local surrounds for inspiration Judy Barrass has used her experience as both a traditional and new media artist to develop art work that highlights our relationship with the natural world, by exploring the interfaces between the real and the virtual.

During the TreeLine 2012 School Residency program Judy’s collaborative work with Ananda Marga River School and Caloundra City Private School explores new ways to make art focusing on processes, places and experience of nature.

I would like to extend an invitation to you for the opening exhibition event at Caloundra Regional Gallery, Saturday 2nd June at 2pm.

Artists Judy Barrass & Renata Buziak will be present at the opening to share their experiences and you will be able to view the wonderful virtual art work that our students have collaboratively produced.

Senior Exam Block

The senior examination block for students in Years 10, 11 and 12 starts on Monday 4th June and concludes on Wednesday 6th June. Students in Year 11 and Year 12 may sign out at the office and go home when an
examination for them is not scheduled.

Students taking part in the examination block as provided by Caloundra City Private School, agree to abide by the following rules;

- Enter the examination room silently when directed: H2 and H5
- Students remain seated in rows, as directed by the supervising teacher.
- Students are not to speak or communicate with any other students.
- Students can raise their hand to ask questions of the supervising teacher.
- Teachers cannot answer questions directly related to the test content or questioning techniques. Any questions need to be addressed in perusal time only (first 10 minutes).
- On completion of the examination, students are to check their work. Then sit in silence and wait for the end of the examination period.
- Equipment taken into the examination room must relate to the test. No novels etc.
- Students are to bring your writing equipment, ruler, eraser etc in a transparent bag/container or plastic pocket. No pencil cases are allowed in the examination room.
- All graphics calculators will be cleared before the start of the Mathematics B and Physics examinations.
- Laptops are only to be taken into the examination room if instructed to by your subject teacher prior to the scheduled period.
- Year 10 students will return to scheduled lessons when they do not have an exam.

**Biology Program**

As part of the Year 11 and 12 Biology program the students conducted a short excursion to Pumicestone Passage/Bells Creek to study a Coastal Biome with Ms Suzanne Macks. This allowed students to complete field work and so fulfil the requirements of their course as set out by the Queensland Studies Authority. During the day they were introduced to the Mangrove ecosystem, where they conducted field analyses involving data collection to be used in their upcoming Biology Report. The Year 11 students were investigating patterns within the Mangrove Ecosystem, while the Year 12 students were investigating whether the mangrove Ecosystem could be used as an indicator of aquatic health.

**Junior School News**

by Mrs Gabrielle Frisby, Head of Junior School

**Under 8’s Week**

Last Friday, the 25th of May, the children in Prep to Year 3 enjoyed a wonderful afternoon of creative and physical fun as part of our celebration for Under 8’s week. Whilst face painting, aboriginal art, sign language name posters and name necklaces were very popular there were also lots of children making creative international bookmarks, dancing, enjoying paper games and the obstacle course. A great time was had by all who participated and it was lovely to be able to celebrate the joys of early childhood with staff, parents and grandparents. Thank you to all the staff for organising the wonderful activities and a special thank you to the very helpful Year 6 Student Leaders who assisted on the afternoon.
Voices on the Coast
Next Tuesday, the 5th June, our Year 6 students will travel to the University of the Sunshine Coast for Voices on the Coast. This is a children’s literature festival organised for students of the Sunshine Coast and promises to be an enriching experience for our students. During the day they will attend workshops and sessions with published authors and will learn more about the craft of writing and what makes a piece of creative writing successful.

Pyjama Foundation
This year we are celebrating Pyjama Day on Wednesday 20th June when students are encouraged to wear a pyjama top or dressing gown over their full school uniform and donate a gold coin to this wonderful charity. The Pyjama Foundation offers a learning-based mentoring program free-of-charge to children in foster care to improve their level of literacy and develop a love of learning. Volunteer Pyjama Angels are matched with a child and visit them once a week to read books aloud, play educational games, and other activities.

This program is making a huge impact on the children’s lives – but with more than 36,000 children in foster care in Australia, the charity needs our help. You can become a Pyjama Angel, make a donation or help fundraise. Visit their website at http://www.thepyjamafoundation.com/.

ICAS Science Competition
Students in Years 3, 4, 5 and 6 will be sitting the ICAS Science Competition next Wednesday, the 6th of June. Similar to NAPLAN preparation, teachers will prepare the students for this competition by working on strategies which are part of effective teaching to assist the students to know how to unpack and tackle the questions. The reason for the focus being on the unpacking of a question is that if students are only given a test to practise then they do not have the skills to improve on their errors. These skills are also part of developing skills in problem solving. For further information please visit the EAA website at www.eaa.unsw.edu.au.

Prep 2013
We are currently conducting tours and interviews for Prep in 2013. There are a limited number of places available so if you or friends are seeking to enrol in Prep next year, please contact Administration on 5437 5800 or admin@ccs.qld.edu.au to organise an appointment.

Sport News
Inter-school Sport News
Caloundra City Private School defeated Caloundra Christian College in all interschool sport events this week. Well done to the students who sweated it out and brought home such success.

Good Luck to Jaiden Mees in Year 6 who is competing in the Football Regional Trials this week. We are looking forward to hearing how you went.

Reminder about the change of date for the Regional Cross Country. The Regional Cross Country will be held Tuesday 5th June at the Maroochydore Cricket Ground in Buderim. Unfortunately students
in Years 10 to 12 will be unable to represent our school as this date falls during their exam times however the Years 8 and 9 students will be firing and ready to run. Good Luck to the Years 8 and 9 students who are attending.

Osprey Soccer Results
Under 6
Under 6 Ospreys defeated Mooloolaba Stingrays 4-2. Eight courageous Under 6 players braved freezing conditions on the weekend to play Mooloolaba SCR Stingrays for their second Home game.

The first goal was scored by Patrick Carmichael, then another two quickly followed by Hunter Doughty. In the second half Jaxon Neale ran the length of the field to score a goal for his team. Congratulations to all team members as they continue to improve their ball passing and cooperation skills. Well done to this week’s goalies, first half Sam Mills, and second half Hunter Doughty. Both boys made some terrific saves.

This week’s Encouragement Award went to Austen Thomas, the Best and Fairest Award to Patrick Carmichael and Player of the Match was awarded to Liam Donohue. Excellent effort Under 6 players!

Thank you also to the amazing effort of many parents and supporters who assisted in 8 degree temperatures to organise our fields for Saturday’s games.

Under 8
Under 8 Ospreys (7) defeated Nambour Snow Leopards (0)
Saturday turned on very cold and windy weather for our second Home game - perfect conditions to host the Snow Leopards. Our first goal was scored within the opening minute of the game and the Ospreys continued the rest of the half with determined attack and defence with each and every player contributing to a half time lead of 5 - Nil. The Snow Leopards marked our players well in the second half which saw two more goals added to our score line. Thank you to this week’s goalies Jordan Doughty and Charlie Tramacchi who kept the Snow Leopards scoreless. This week’s goals were scored by Hamish Carmichael (3), Lachlan Noyes (3) and Jordan Doughty (1) who received tireless support from Charlie Whiting, Ryan Brodie, Poppy Niebling, Bailey Towner, Max Kurz & Encouragement Award winner Joshua Barlow. Congratulations on a great team win.

Good luck to the Under 8’s this week, at Home to the Siena Dolphins.

Parents & Friends Association Meetings
Next meeting will be held at 8.30am, on Friday 15th June, in the library. All welcome. Come and have a cuppa and a chat with friends.

Email: pandf@ccs.qld.edu.au

Parents and Friend's Association News

Woolies Earn & Learn
Thank you to all the families who are sending in their completed sticker cards to their child’s class or homeroom. The promotion runs until the 1st July & every sticker counts, so please continue to support our school by buying your groceries at
Woolies and collecting a sticker for every $10 spent.

Thank you to Mrs Kairen Call 1/2KC teacher, who has kindly composed a poem on behalf of the P & F as our entry in a Woolies competition to win a $1,000 Woolies Gift Card. Here is her great entry.

You're the fresh food people, with friendly faces that care.  
We're the fresh faces of the future, with caring attitudes to share.  
You're feeding for the future, to build a community that's strong. 
We're learning for our future, a commitment that is life-long. 
One community, one vision!

Total School Earn & Learn Points – 2540

Junior School Sticker Leaders to date – 1st 3GF (390), 2nd 1/2KC (360), 3rd 5ND (330)

Senior School Sticker Tally- Henzell (60), Ford (30) Munns (0) McLean (0)

Coles Sports for Schools Promotion

Collecting vouchers is easy! Every member of your school's community will earn one voucher for every $10 spent in a Coles, Coles Online, BI-LO or Pick 'n' Pay store from June 13th to August 14th 2012. For every $10 spent, they'll earn 1 voucher. 1 x Coles Sports For Schools voucher = 1 Point. Plus throughout the program there will be opportunities to collect bonus vouchers with their special promotional offers on over 1,800 selected products. So keep an eye out instore, online and on TV! Excluded items include: Coles Group gift cards, Coles Mobile plans, tobacco and tobacco related products. Other products may also be excluded at Coles' discretion.

Social Family Day at Corbould Park Racecourse

All CCPS staff and families are invited to a day at the races on Sunday 17th June from 11.30am - 5pm. The first race starts at approx 12pm with the last race run around 4.30pm. Entry at the gate is $10 for Adults and children under 18 years are free. The kids' Klip Klop Club is open from 12pm - 5pm for kids aged 3 - 12 years old and is run by a gold coin donation. A limited number of picnic hampers are available from the Turf Club ($35 for 2 adults & 2 kids) with a reserved table & 4 chairs on the grassed area. Bookings and payments for the hampers are made direct to the club, no later than 12pm Thursday 14th June. Mention our school and they will try to get the tables as close to each other as possible. Alternatively, pack your own picnic (excluding alcohol) or purchase your food and refreshments at the track.

Further information phone Craig Blacker on 0419 611 137 or Sunshine Coast Turf Club on 5491 6788 or www.sctc.com.au

Student Banking News

We will be re-introducing our weekly giveaways with some great prizes given to the students who have been the most consistent with their banking.

Some great prizes include, mouse pads, balls, key chains, money boxes, drink bottles and even baseball caps!

Student Banking Tip of the Week:
If your child receives pocket money, encourage them to allocate some money towards their School Banking deposit for their savings account.

Nicole Hood, Student Banking Coordinator.

Pelican Waters Community Celebration

To all Pelican Waters residents (including members of PW Sporting Clubs) you're invited to come and find out what's happening in YOUR community. Come to Boronia Grove and see what the future holds for Pelican Waters and its residents

SUNDAY 17TH JUNE FROM 10AM TO 2PM

*Entertainment by CCPS students
*Live Music
*Street performers
*BBQ
*Win a brand new Tinnie & Trailer